## CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

## TRIBAL HEALTH CARE RESEARCH PROGRAMME

- This programme was initiated in 1982 and continued at 6 peripheral Institutes/Units Viz. National Research Institute for Ayurveda -Siddha Human Resource Development (NRIASHRD) Gwalior, Ayurveda Mental Health Research Institute (AMHRI) Nagpur, Ayurveda Regional Research Institute (ARRI) Patna, North East India Ayurveda Research Institute (NEIARI) Guwahati, Ayurveda Regional Research Institute (ARRI), Itanagar and Ayurveda Tribal Health Care Research Project (ATHCRP) Port Blair till 2013-14.
- This programme has been extended to 14 states through 14 CCRAS peripheral Institutes under Tribal Sub Plan (TSP).
- Activities carried out under this programme are
  - 1. To Study the living conditions of tribal people
  - 2. To Collect information related to health statistics
  - 3. Study of dietetic habits
  - 4. Nature and frequency of prevalent diseases etc.
  - 5. Use of common medicinal plants in the area
  - 6. To Provide medical aid at their door steps
  - 7. Propagation of knowledge about Ayurvedic concept of Pathyapathya including hygiene habits, dietary practice.
  - 8. Prevention of diseases by adopting healthy way of living & clean environment (Swachhata)
  - 9. To collect folk medicines/ traditional practices prevalent in the area

## **Status of Programme:**

- Since inception, a total 8,12,133 population of 767 villages has been covered up & medical aid has been provided to 2,74,046 patients
- Folk claims/LHTs have been documented
- Council has published 2 Monographs under Tribal health care research viz. Health care related demography of the Tribal of Kamrup District Assam (2008) and Health care related demography of the Tribes of Andaman & Nicobar Islands (2010).

## State wise allocation of Tribal Health Care Research Project

S.No.	States Covered	Institutes /Centre/ Units
1.	Madhya Pradesh	National Research Institute for Ayurveda-
		Siddha Human Resource Development,
		Gwalior
2.	Maharashtra	Ayurveda Mental Health Research Institute,
		Nagpur
3.	Bihar	Ayurveda Regional Research Institute, Patna
4.	Assam	North East India Ayurveda Research Institute,
		Guwahati
5.	Arunachal Pradesh	Ayurveda Regional Research Institute,
		Itanagar
6.	Andaman & Nicobar	Ayurveda Tribal Health Care Research
	Islands	Programme, Port Blair
7.	West Bengal	National Research Institute for Ayurveda Drug
		Development, Kolkata
8.	Odisha	National Research Institute for Ayurveda Drug
		Development, Bhubaneswar
9.	Sikkim	Ayurveda Regional Research Institute,
		Gangtok
10.	Karnataka	National Ayurveda Dietetics Research
		Institute, Bangalore
11.	Andhra Pradesh	National Ayurveda Research Institute for
		Vector Borne Diseases, Vijayawada
12.	Rajasthan	Ayurveda Central Research Institute, Jaipur
13.	Tamil Nadu	Achanta Lakshmipati Research Centre for
		Ayurveda, Chennai
14.	Jammu & Kashmir	National Research Institute for Sowa-Rigpa,
		Leh